



**R. L. NURSING COLLEGE**

**A.B. Road Tekari, Morena (M.P.)**

# PROSPECTUS



# MORENA

District Map



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### **From the Desk of Chairman**

Ratan Swasthya evam pariwar kalyan Samiti is a State NGO working in the M.P. State Dist. Morena, Gwalior, Sheopur & Bhind Dirst. RS & PKS is working in the field of health, Education, Environment & Social welfare especially for women & Children's.

In India most of the trained Nursing Staff i.e B.Sc. Nursing, Staff Nurse, GNM, is migrating from India to abroad to U.S.A. & Arabian Country for better Financial & Social Status. Due to the migration of Nursing Staff there is lack of Trained Nursing Staff in India & Chambal Division. At present in most of private Nursing Home, Hospitals & at home level untrained Staff is working. To over come this problem our society has planed to start a Nursing education programme in R.L. Nursing College for B.sc. nursing courses. The clinical practical will be provided in R.L. Charitable parental 50 bedded Hospital Run by Society RS & PKS and in association with dist. Hospital Morena with the permission of MP govt. department of health.

I hope this Nursing education programme will help in build up of better nurses to serve the Nation. The better health facilities will be provided at Government & Private sector hospitals for mother care, disabled children, old age groups & diseased persons of society.

**Dr. K.N. Mishra**

(M.S.)

Secretry,

Ratan Swasthya evam pariwar kalyan Samiti



**Dr. Vivek Kumar Mishra**

## **Directors of R.L. Nursing College**

### **Philosophy**

Health is a state of well - being that enables a person to lead a psychologically, socially and economically productive life. Health is a right of all the people. Individuals, families and communities have a responsibility towards maintaining their health.

Nursing contributes to the health services in a vital and significant way in the health care delivery system. It recognizes national health goals and is committed to participate in the implementation of National Health policies and programmes. It aims at identifying health needs of the people, planning and providing quality care in collaboration with other health professionals and community groups. Scope of nursing practice encompasses provision of promotive, preventive, curative and rehabilitative aspects of care to people across their life span in wide variety of health care settings. Practice of Nursing is based upon application of basic concepts and principles derived from the physical, biological and behavioral sciences, medicine and nursing.

Nursing is based on values of caring, and aims to help individuals to attain independence in self care. It necessitates development of compassion and understating of human behavior among its practitioners to provide care with respect and dignity and protect the rights of individuals & groups.

### **Aim**

The Aim of the Nursing programme is to:

- ▶ Prepare nurses to assume responsibilities as professional, competent nurses, midwives, ANM, Staff & B.Sc. Nursing in providing promotive, preventive, curative, and rehabilitative services.
- ▶ Prepare nurses who can make independent decisions in nursing situations, protect the rights of individuals and groups in pursuit of health. Function in the Hospital, community nursing services and help in to conduct research studies in the areas of nursing practice.

Gwalior is situated just 317 Kms. from Delhi and is now a part of the "National Capital Region". It is also going to be the house of major offices of several Government & Multinational companies. Rapid industrialization in nearby Malanpur & Banmore has brought a lot of employment opportunities for the students.

## Objectives

Upon completion of the 4yrs BSc. Nursing courses one will be able to:-

- ▶ Apply knowledge from physical, biological, and behavioral sciences, medicine including alternative systems and nursing in providing nursing care to individuals, families and communities.
- ▶ Demonstrate understanding of life style and other factors, which affect health of individuals and groups.
- ▶ Provide nursing care based on steps of nursing process in collaboration with the individuals and groups.
- ▶ Demonstrate critical thinking skill in making decisions in all situations in order to provide quality care.
- ▶ Utilize the latest trends and technology in providing health care.
- ▶ Provide primitive, preventive and restorative health services in line with the national health policies and programs.
- ▶ Practice within the framework of code of ethics and professional conduct, and acceptable standards of practice within the legal boundaries.
- ▶ Demonstrate skills in teaching to individuals and groups in clinical/ Community health settings.
- ▶ Demonstrate awareness, interest, and contribute towards advancement of self and of the profession.

## About Nursing College

The College is doing pioneering work in the field of Nursing Education and is imparting professional expertise to young aspirants who have dedicated themselves to be duty conscious and devoted nurses. The College has been recognized by the Madhya Pradesh Government, Indian Nursing Council (I.N.C.), New Delhi and affiliated to Jiwaji University, Gwalior.



## Scope of Nursing

Nursing profession plays an important role in planning, organizing and coordinating the health services at primary, secondary and tertiary level of health care. Without the help of nursing services; a comprehensive health care, success in National programs and health for all by 2012 A.D. is not possible. Therefore, the scope of nursing profession is of great value in serving the humanity. Further the scope of nursing is also in professional development through M.Sc., M.Phil and Ph.D. Courses.

## Infrastructure & Facilities

### Location & Campus

The Institute is located at AB Road NH3 10km from Morena towards Gwalior and 22 km from Gwalior to College. The college campus is having about 12 acres of land with natural beauty of garden, herbarium, organic farming and cows to provide milk for patient and staff.



## Class Rooms & Conference Hall

All classrooms and lecture theaters are equipped with modern teaching aids and provided with comfort and conducive environment for learning and assimilation.



## Library



Nursing Library house is one of the largest collections of books. This collection, which contains print as well as non-print resources. The Library subscribes to numerous national as well as to the international periodicals. In addition to the circulation of materials, the Library offers services to the groups and to the individuals who requested, inter Library borrowing or materials, reference and research assistance, document delivery. College has a well-equipped fully computerized Library which provides latest and up-to-date reference and course books. It is subscribing a large number of journals, newspapers and magazines. The good collection of Video Tapes, CD-ROMs and Audio Cassettes on different subjects makes the library unique.

## Laboratory

Under the valuable guidance of the faculty, nursing students shall be allowed to work in the following modern and technologically equipped labs:

- ▶ Fundamental of Nursing Lab.
- ▶ Anatomy and Physiology & Biochemistry Lab
- ▶ Nutrition Lab
- ▶ Community & OB/ Gynae Lab (MCH)
- ▶ Microbiology Lab
- ▶ AV Lab
- ▶ Computer Lab







The students shall, however be responsible for any damage. They have to buy their own community bags and the supplies (required for Community Health, Home visits)

### **Faculty**

Well qualified experienced teachers of Msc Nursing, Bsc Nursing, and visiting faculty of sociology, psychology, English, computers, biochemistry, and doctors of different specialty and super specialty are there to impart their knowledge.

### **Clinical Training**

All the students of R.L. Nursing College will be posted at Dist. Hospital Morena for the Clinical Experience which is 288 bedded hospital and parental 50 bedded R.L. Charitable Hospital. The R.L. Charitable Hospital is well equipped for Laparoscopic and general surgery, the hospital is having facility for all types of operations of gynec/ obst.

### **Clinical Practice**

1. Health Check-up at the time of admission and every year.
2. Students will be posted in Dist. Hospital Morena for Clinical experience in various departments. It provides all the Clinical learning experience required under the supervision of Nursing Superintendent, Nursing Sisters and Clinical Instructor and transport facility provided.

### **Field Practice Area**

Rural and Urban Field Health Centre namely Noorabad and Chc. Jaura respectively will be utilized for the field training. This rural / urban field health centre is fully equipped for the field training as the same are also being used for the field training of students and interns of Medical College Gwalior.

## Highlights

R.L. Charitable Hospital is 50 bedded and is run by Ratan swasthya evam pariwar kalyan samiti situated at M.S. Road Morena (M.P.) . The hospital is registered at CMHO morena with Registration No. 1, having outdoor & indoor facilities & is providing its services to women, Children & disease peasants of Chamble Division & dist. Morena by its following departments.

- ▶ Department of Surgery
- ▶ Department of General Medicine
- ▶ Department of Obst. & Gynec
- ▶ Department of Pediatrics
- ▶ Department of Radiology
- ▶ Trauma unit
- ▶ Department of Eye

## Hostel Facilities

- ▶ Separate Hostel facility is available for both Boys and Girls.
- ▶ Hostel is very airy with water cooler and aqua guard facility and telephone.
- ▶ Each student is provided with a Bed, Table, Chair and sufficient quantity of these articles are available with the college.
- ▶ Hostel is provided with a Warden, Watchman, Peon and Sweeper.
- ▶ Canteen and STD/ PCO facility is also available at the Hostel premises.
- ▶ Malaria preventive medicine is given to the students to prevent them from this sickness

## Medical Facility

Medical facilities are available in the R.L. Charitable Hospital attached to the Nursing College. In case of emergency we have linkages with the Dist. Hospital Morena for further treatment and advise, if need arises. Such expenses should be borne by the student.

## Cafeteria

The college has a cafeteria which serves wholesome food to the students, staff and faculty of the college on no profit basis.

## Transport

The College has its own transport. Buses and ambulance are used for sending nursing students to clinical practice.

## Admission Details

### Eligibility

- ▶ Unmarried female, and divorcee ladies / male candidates will be eligible for the B.Sc. Nursing course. The selection of the candidates will be made on written test as well as interview by selection committee of Nursing College as per norms laid down by Nursing council of India as well as Jiwaji University Gwalior, M.P.
- ▶ The minimum educational requirement shall be higher secondary (10+2) / Pre-university with 50% of marks in P.C.B.E group.
- ▶ The minimum age shall be 17 yrs completed on or before 1st July of year of admission with higher age limit is ordinarily 24 years.
- ▶ No candidate shall be admitted to the said course unless she / he has applied to the Principal of R.L.Nursing College, Morena on the prescribed form.
- ▶ Merit list will be prepared on the basis of the marks obtained in the written test as well as the marks obtained in 10+2.
- ▶ The decision of the Selection Committee will be final.

## EDUCATIONAL REQUIREMENT

10+2 class passed or its equivalent preferably Science (Physics, Chemistry with aggregate - 45% Marks)

## MINIMUM AND MAXIMUM

Age for Admission

- 17 yrs. - 25 yrs.

Admission of Students

- Once in a year

Session

- 1st July to 30th June

Student should be medically fit.



## **SELECTION COMMITTEE**

- ▶ Chairperson
- ▶ Principal
- ▶ Vice Principal
- ▶ Senior Tutor
- ▶ Nursing Superintendent

## **ENTRANCE TEST:**

Entrance test shall be taken at the time of admission. The test will be followed by an interview on the same day. Selection is based on the merit list prepared by marks so obtained. 16% seats are reserved for S.C., 18% for S.T., and 14 % for O.B.C. 2 seats are reserved for widows/daughters of Army personnel deceased during insurgency. Seats remaining vacant in this category will be filled by candidates of general category.

## **Admission Procedure**

Admission form cum information Brochure can be obtained directly from the office by paying Rs. 300/- in cash and in case of outstation student a demand draft Rs. 350/- should be sent favoring "R.L. Nursing College" payable at Morena.

## **Documents to be submitted at the time of admission.**

- ▶ Transfer Certificate (Original Copy)
- ▶ Migration Certificate (Original Copy)
- ▶ Eligibility Certificate (From University)
- ▶ Qualifying Certificate Copy (Original Copies)
- ▶ Five Passport Size Photographs

At the time of admission to the said course, a candidate will have to pay the prescribed fees to get her/him enrolled for the council of the state and submit all the certificates as required by the university. The academic session of the college will be ordinarily for July / August every year. The examination shall be conducted by the Jiwaji University, Gwalior. Candidate shall be required to attend at least 75% Theory Lectures and 85% attendance in Practical and Clinical Postings. The procedure of examination will be in the form of terminals, half yearly, Pre University followed by university examination. All the four years of university examination.

## **Uniform**

The candidate admitted for studies are bound to wear the Uniform prescribed to them by the College. In addition apron, white shoes and socks is must for maintaining uniform of the institution.

## **Ragging**

Ragging of any kind is strictly prohibited. Any student found ragging shall be strictly punished by the management as per the law and rules of the Govt.

## **Class Attendance**

75% attendance is compulsory in all academic and institutional activities. Students failing to attain the prescribed attendance will not be allowed to appear in the university examination.

## **Identity Card**

Each student is provided with an identity card and he / she must carry it during the college hours. The students are also required to keep the identity card with them when they are out visit organized by the college.

## **Library**

- ▶ All student of the college are members of the college library. Each member is provided with a library member ship card.
- ▶ Only a student having membership card is entitled to draw books from the library.
- ▶ A student can draw only one book at a time and keep it for a period of seven days extendable for a maximum period of two weeks on renewal.
- ▶ A fine of Rs. 2/- per day will be charged on each book kept for more than prescribed time.
- ▶ The lost or damaged book, in any way, shall be replaced by the student. Otherwise he / she will be liable to pay current price (market price in case the book is out of print) of the book plus 20% as procurement charges.
- ▶ Reference books marked with symbol 'R' will not be issued to students. These can be consulted by the students in the library.
- ▶ Books issued to a student will not be transferred in any other student's name and after 7 days, if the student not depositing it back Rs. 5/- per day will be charged.

## Special Information for the parents

- ▶ It is the duty to the Parents / Guardians to see that their ward maintains the high standard of diligence and good conduct.
- ▶ It is presumed that the Parents / Guardians who send their wards to the college for education accept all the rules & regulations laid down by the college from time to time.
- ▶ The college will periodically furnish necessary information about the student undergoing a course in the college.

## Jurisdiction

In case of any dispute, decision of the Chairman will be final and the territorial jurisdiction for any legal action shall be limited to Morena only.

## Duration

Duration of the course shall be four years including internship.

## Vacation

8 weeks vacation shall be given in each year.

Duration

Course Duration	=	4 years
Weeks available per year	=	52 weeks
Vacation	=	8 weeks
Gazetted holidays	=	3 weeks
Examination (including preparatory )	=	4 weeks
Available weeks	=	37 weeks
Hours per week	=	40 hrs
Practical	=	30 hours per week
Theory	=	10 hours per week
Hours available per academic year	=	1480 (37 weeks x 40 hours)



## B.Sc. (Nursing)

**Duration** : 4 years

**Total Seats** : 50

### FIRST YEAR

#### Subject

1. English
2. Anatomy
3. Physiology
4. Nutrition
5. Biochemistry
6. Nursing Foundations
7. Psychology
8. Microbiology
9. Introduction to computer
10. Hindi/Regional language
11. Library Work/Self Study
12. Co-curricular Activities

### THIRD YEAR

#### Subject

1. Medical Surgical Nursing (Adult including geriatrics)-II
2. Child Health Nursing
3. Mental Health Nursing
4. Midwifery & Obstetrical Nursing
5. Library Work/Self Study
6. Co-curricular activities

### SECOND YEAR

#### Subject

1. Sociology
2. Pharmacology
3. Pathology
4. Genetics
5. Medical surgical nursing (Adult including geriatrics)-I
6. Community health Nursing I
7. Communication & Educational Technology
8. Library work/self study
9. Co-curricular activities

### FOURTH YEAR

#### Subject

1. Midwifery & Obstetrical Nursing
2. Community Health Nur. II
3. Nursing Research & Statistics
4. Management Nursing services & Education
5. Environmental Sciences

## Internship (Integrated Practice) DURATION

### Subject

1. Midwifery & Obstetrical Nursing
2. Community Health Nursing II
3. Medical Surgical Nursing (Adult Including Geriatrics)-II
4. Child Health
5. Mental Health
6. Research Project

### Course Duration

Weeks available per year	= 4 Years
Available Weeks	= 52 Weeks
Vacation	= 37 Weeks
Gazetted holidays	= 8 Weeks
Examination (Including Preparatory)	= 3 Weeks
Hours per Week	= 4 Weeks
Practical	= 40 hrs
Theory	= 30 hrs/week
Internship Practical	= 10 hrs/week
Hours available per academic year	= 48 hrs/week
	= 1480 (37 weeks x 40 hr)

### Laboratory

- Fundamental of Nursing
- Anatomy and Physiology
- Community Health Nursing
- Nutrition Lab
- AV and Computer Lab
- Molecular Lab
- Microbiology & Biochemistry

### Clinical Practice & Training

- J.A. Hospital & Gajararaja Medical College, Gwalior (M.P.)
- Maheshwari Nursing Home
- Chandra Hospital & Nursing Home
- Mansik Arogyashalla, Gwalior (M.P.)
- R.L. Hospital, Morena(M.P.) (Ayusman bharat)

### Note:-

1. Internship means 8 hours of integrated clinical duties in which 2 weeks of evening and night shift duties are included.
2. Internship should be carried out as 8 hours per day & 48 hours per week.
3. Student during internship will be supervised by nursing teachers.
4. Fourth year final examination to be held only after completing internship.

**G.N.M.**  
**(General Nursing & Midwifery)**

**Duration : 3 <sup>1/2</sup> Years**

**Total Seats: 50**

**FIRST YEAR**

**Subject**

1. Biology Science
  - i) Anatomy & Physiology
  - ii) Microbiology
2. Behavioural Science
  - i) Psychology
  - ii) Sociology
3. Fundamentals of Nursing
  - i) Fundamentals of Nursing
  - ii) First Aid
  - iii) Personal Hygiene
4. Community Health Nursing
  - i) Community Health Nursing
  - ii) Environmental Hygiene
  - iii) Health Education & Communication Skills
  - iv) Nutrition
5. English

**SECOND YEAR**

**Subject**

1. Medical Surgical Nursing I
2. Medical Surgical Nursing II
3. Mental Health & Psychiatric Nursing
4. Computer Education

**THIRD YEAR**

**Subject**

1. Midwifery & Gynaecology
2. Community Health Nursing II
3. Paediatric Nursing

**INTERNSHIP PERIOD**

**Subject**

1. Educational Methods and Media for teaching in practice of Nursing
2. Introduction to Research
3. Professional Trends & Adjustment
4. Administration & Ward Management
5. Health Economics.

Duration - 3 Years				
	I Year	II Year	III Year	Internship
Theory + Demonstration	575 hrs	360 hrs	290 hrs	190 hrs
Clinical Experience (Hospital + Community)	900 hrs	1116 hrs	1260 hrs	924 hrs



## A.N.M. (Auxiliary Nurse & Midwife)

**Duration : 18 Months**

**Total Seats: 30**

### FIRST YEAR

#### Subject

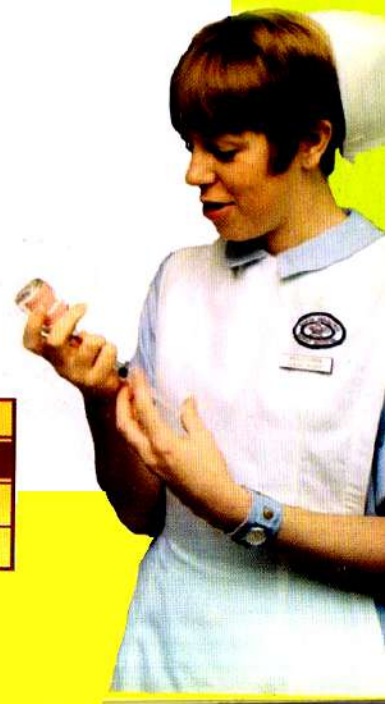
1. Community Health & Nursing
2. Health Promotion
  - A. Nutrition
  - B. Human Body & Hygiene
  - C. Environmental Sanitation
  - D. Mental Health
3. Primary Health Care Nursing I
  - A. Infection & Immunization
  - B. Communicable Disease
  - C. Community Health Problems
  - D. Primary Medical Care
  - E. First Aid & Referral
4. Child Health Nursing

### SECOND YEAR

#### Subject

1. Midwifery
2. Health Centre Management

Duration - 2 year		
	I Year	II Year
Theory + Demonstration	860 hrs	435 hrs
Experience (Hospital + Community)	990 hrs	620 hrs



## Post-Basic B.Sc.(N)

**Duration : 2 Years**

**Total Seats: 30**

### FIRST YEAR

#### Subject

1. Nursing Foundation
2. Nutrition & Dietetics
3. Biochemistry & Biophysics
4. Psychology
5. Maternal Nursing
6. Child Health Nursing
7. Microbiology
8. Medical & Surgical Nursing
9. English (Qualifying)

### SECOND YEAR

#### Subject

1. Sociology
2. Community Health Nursing
3. Mental Health Nursing
4. Introduction to Nursing Education
5. Introduction to Nursing Administration
6. Introduction to Nursing Research & Statistics

#### Duration - 2 Years

	I Year	II Year
Theory	525 hrs	345 hrs
Practical	810 hrs	855 hrs

## Please read carefully

- ▶ Students are required to deposit the fee and other charges as per fee structure in the month of July, 15th every year. Those students who do not deposit the fee by 15th July will be liable to pay fine as decided by the management.
- ▶ The remaining mess charges for 4½ month shall also to be deposit along with other fees by 15th January every year.
- ▶ University examination fee shall have to pay separately at the time of filling University examination form.
- ▶ University enrollment fee & eligibility certificate fee shall have to pay at the time of admission.
- ▶ If the students are being posted at Dist. Hospital, Morena as per their specialty of that year, they will have to deposit Rs. 5000/- per session.
- ▶ Students are required to give an agreement in the shape of a bond for the payment of total amount of fee and other charges for the whole course i.e. payable for 4 yrs. course of B.Sc. (Nursing). Thus, if students discontinued the course in the middle, he / she is liable to pay the balance of amount of fee and other charges of the whole course to the college.
- ▶ The management reserve the right to amend or charge the fee structure at any time





## Rules & Regulations

- ▶ All the student will have to strictly abide by the rules and regulations of the college as enforced from time to time. Any violation will attract strict action by college authorities.
- ▶ All students admitted in the college must observe the rules and regulations that may be framed from time to time by the college. Students are required to maintain absolute self-discipline in the college campus. Violation of rules will result in severe disciplinary action against the offender including his / her suspension or expulsion from the college. In such cases he / she will forfeit all the deposits and shall not be eligible for any claim.
- ▶ Each student is responsible for the proper handling and safe custody of any apparatus or equipment that he / she may be using. In case of any damage or loss to the college property through measure or negligence, the student shall have to pay the cost of repair or replacement.
- ▶ Students must show respect and obedience to all members of the staff as well as the managing authorities of the college.
- ▶ SNA, a unit of this college will have to be run by the students for their welfare & participating in the seminar & conference conducted by TNAI, New Delhi. Students will have to contribute Rs. 2000/- per annum. They will have their own Vice-president & treasurer but the president will be the principal of the college.
- ▶ Every student shall have to attend classes and practical. They are not supposed to leave college premises without the permission of the principal.
- ▶ In case of illness permission have to be obtained from the principal to remain absent from studies.
- ▶ Once the fee is deposited, it will not be refunded, transferred or adjusted in any other account. If he / she leaves the course in mid term, he / she liable to pay the balance of fee of the whole course as per agreement.
- ▶ All dues should be cleared before the exam.
- ▶ Students are advised not to proceed on leave without permission of the principal if they do so they will be charged Rs. 100/- per day & they will have to report daily in the college attendance.
- ▶ Chairman / Principal reserves the right to rusticate the student found indulging in acts prejudicial to the interest of the institute or involved in gross indiscipline or immoral acts.

## Hostel Rules

- ▶ Hostel is provided for both Boys / Girls and it is compulsory for them to stay in the Hostel. To stay outside the Hostel at night is prohibited.
- ▶ Rules and Regulations of the Hostel shall have to be followed and orders of the warden will have to be adhered to.
- ▶ Every student shall have to remain in the Hostel. Stay outside the Hostel will not be allowed. In special circumstances under the permission of the Principal / Management the female student will be permitted to stay outside for a day or two.
- ▶ Parents and natural guardian of the students can appoint local guardian, if so desire to meet the students at the permissible days and time.
- ▶ In case of appointment of local guardian, their entire personal data along with photograph shall have to be submitted. On the request of local guardian if student is allowed to go out of Hostel, the responsibility would be on the parents who appoint the local guardian.
- ▶ The local guardian can see her ward only on Sunday. In case of emergency permission shall have to be obtained from the Principal / House Officer of the Hostel.
- ▶ The Student will not keep any valuables in her / his room. This is only for security purpose.
- ▶ Students will be allowed to open their account in Nationalized bank, which may be near the college premises.
- ▶ If any valuable is missing, it will be the responsibility of the student.
- ▶ Students are instructed to keep the room neat, clean and tidy. Warden / Officer I/C of the hostel may check rooms at any time and if found guilty may be warned or punished.
- ▶ Students are advised not to keep any medicines in their rooms except during illness.
- ▶ At the time of admission, Medical Board will be constituted by the Administration for examining her / his health. If the student is suffering from any chronic disease, she / he shall have to declare before seeking admission in the college.
- ▶ In case she / he is suffering from disease, which may bring barrier to her / his smooth studies, her / his parents will be responsible for that and shall have to financially compensated for the wastage of seat because of discontinuance of the study of such student.
- ▶ All students shall have to follow rules and regulations of the Institution and Hostel.
- ▶ No student can claim room of choice, electrical appliances almirah, stool & chair etc. Other than provided by the Institution.
- ▶ Two days per week are reserved for creative work.



# R.L.NURSING COLLEGE

Campus: A.B. Road Tekari, Morena(M.P.)-476001 Ph. 7509302000,09826240785

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